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saikou

TEPPANYAKI & WHISKY BAR

LUNCH MENU

ASIAN INSPIRED TAPAS

Lunch served from 12pm - 2pm

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TEPPANYAKI & WHISKY BAR

www.saikouwb.co.nz | 686 6830 | 4a Sefton St, Timaru

STARTERS OR SHARE

Edamame (GF & V) * **6**
Steamed soy beans served with sea salt.

Tempura Fries * **8**
Our ever popular tempura batter chips seasoned in garlic salt served with tonkatsu sauce.

Honey Soy Wings * **15**
Seasoned chicken nibbles crispy fried and tossed in honey soy sauce.

BENTO (Mix and match to create your own bento plate)

Chicken Sushi (GF & V) * **9**
Hand crafted nori and vinegar rice rolled with a mixture of seasoned chicken, mesclun and seasonal veg. Served with an assortment of pickled ginger, dark soy and wasabi.

Salmon Sushi (GF) * **9**
Hand rolled Nigiri rice draped with fresh Marlborough Sounds salmon, served with an assortment of pickled ginger, dark soy and wasabi.

Salt & Pepper Tofu (V, VG & GF) * **6**
Fried silken tofu, lightly coated in our Japanese herbs and spices. Served on a bed of mesclun and topped with kewpi mayo and siracha.

Karaage (GF) * **8**
Marinated chicken pieces deep fried and served with chilli mayo.

Crispy Ika * **8**
A duo of tender squid tubes and tentacles. Crumbed and fried served, with a sweet chilli and mayo dipping sauce.

Steamed Rice (small) \$3 (large) \$6
Japanese short grain rice. (V, VG & GF)

Asian Salad (small) \$3 (large) \$6
Mesclun lettuce with a classic Asian slaw tossed in our zesty ponzu & soy dressing.

Gyoza * **7**
Hand crafted Japanese dumplings seared and steamed to perfection. Served with a light ponzu dipping sauce. Chicken, Prawn, Pork, Veg (by availability)

Vegetable Tempura * **7**
Selection of vegetable tempura with tentsuyu sauce.

Seafood Tempura * **9**
Selection of seafood tempura with tentsuyu sauce.

Crispy Rice Balls (V, VG) * **5**
Marinated and spiced rice, rolled with sesame oil and panko crumbs, then cooked golden brown with a duo of sweet chilli & wasabi mayo.

Tori Furai * **8**
Panko crumbed chicken served with tonkatsu sauce.

Beef Tataki (GF) * **7**
Seared and seasoned prime cut, thinly sliced, served on a bed of chiffonade onion & marinated in a light citrus soy sauce.

MAINS

Chicken Sushi * **18**
With soy, wasabi & pickled ginger.

Salmon Sushi * **18**
With soy, wasabi & pickled ginger.

Teriyaki (V, VG & GF) * **20**
Your choice of fresh Ora King Marlborough Sounds salmon, prime beef or chicken breast. Pan seared and sauced with a rich teriyaki glaze, kewpi mayo and accompanied by a bed of steamed rice, side salad and sesame seeds.

Yaki Udon (V, VG & GF) * **19**
An Umami sensation of thick wheat flour noodles, medley of Asian veg, reduced in a bath of mirin and soy. Served with your choice of seafood, chicken or vegetables.

Yaki Soba (GF & V) * **19**
Stir-fried combination of Asian veg and thin egg noodles mixed with a rich Japanese worcestershire green shallots and topped with fried onion and herbs. Served with your choice of Seafood, Chicken or vegetables.

Yakimeshi (V, VG & GF) * **20**
Traditional Japanese egg fried rice. Everything you'd expect from a fried rice in Japan only served in beautiful Timaru! Your choice of Seafood, Chicken or vegetables.

Laksa Noodle Salad * **19**
Chicken and prawn noodle salad with a laksa dressing.

Garlic Ebi (GF) * **20**
Prawns pan fried and marinated in our ever-popular garlic and siracha sauce, served on a bed of rice with side salad.

Teppan Sake (GF) * **22**
Crispy skinned Ora King Marlborough Sounds salmon served with lemon and ponzu sauce, side of rice & salad.

Sashimi (GF) * **18**
A selection of seafood (depending on availability). Thin sliced bite size pieces with all the trimmings and garnishes.

Pork Donburi * **19**
Slow braised pork belly marinated in an Umami soy sauce.

Curry * **18**
Chef's spicy flavour sensation with rich texture served with short grain rice and topped with fresh herbs and fried onion. Chicken, beef, pork or lamb (subject to availability).

Raman Bowl (V, VG & GF) * **19**
A wholesome bowl of tasty broth reduced with garlic and ginger, edamame beans, noodles, chicken or pork, slaw, bean shoots & bok-choy topped with a marinated coddled egg. (Mild or hot)

Bao Buns (x2) (V) * **15**
Steamed Bao buns packed with kewpi slaw and topped with your choice of Karaage chicken or Teriyaki salmon.

Pork Sliders (x3) * **15**
Slow braised pork shoulder in Japanese herbs and spices. Kewpi Slaw all combined together inside slider buns.